



# PROUD TO STAND WITH PRIDE

With UK Pride taking place between Friday 23 and Sunday 25 July, this year we're celebrating by centring LGBTQ+ experiences.

Take a look at our infographic to learn more about how identifying as LGBTQ+ can affect your life in a variety of different ways, from your health and mental wellbeing, to your experiences at work, to the international holidays you feel safe to take.

## HEALTH

Taken from: [www.stonewall.org.uk/lgbt-britain-health](http://www.stonewall.org.uk/lgbt-britain-health)



Nearly two-thirds of bi women (**72%**) and just over half of bi men (**56%**) have experienced anxiety in the last year



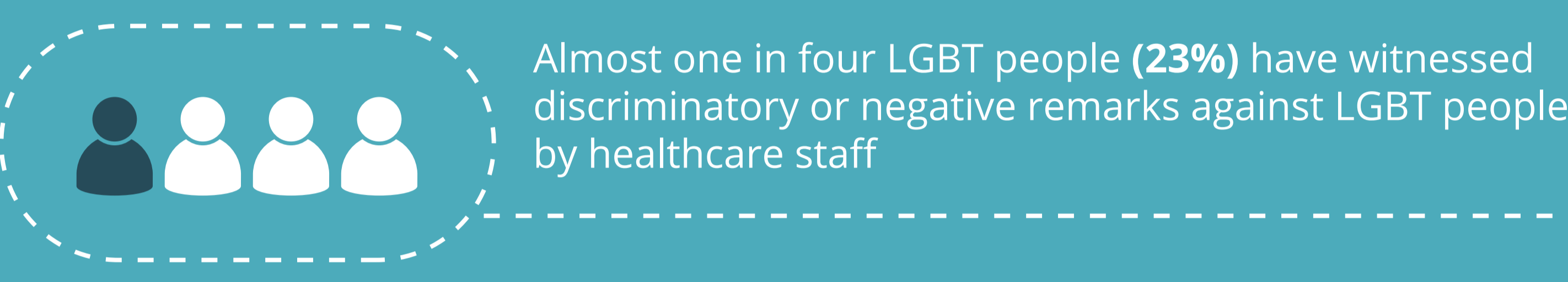
One in twenty LGBT people have been pressured to access services to question or change their sexual orientation when accessing healthcare services



One in eight LGBT people (**13%**) have experienced some form of unequal treatment from healthcare staff because they're LGBT



While one in five trans people have been pressured to access services to suppress their gender identity



## AT WORK

Taken from: [www.stonewall.org.uk/lgbt-britain-work-report](http://www.stonewall.org.uk/lgbt-britain-work-report)



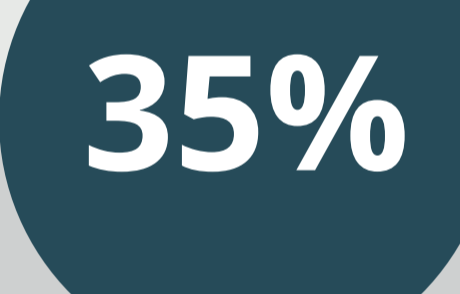
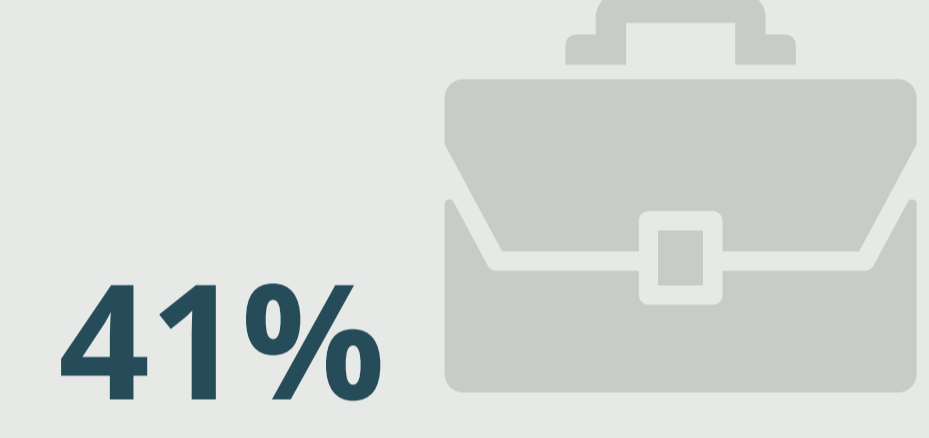
While one in four trans people (**26%**) aren't open with anyone at work about being trans



Out Now research conducted among 3,200 18-35 year olds in Australia, Czech Republic, Germany, Greece, Hungary, Ireland, Italy, Netherlands, New Zealand, Portugal, Romania, South Africa, Spain, Turkey, UK.



Almost one in five LGBT staff (**18%**) have been the target of negative comments or conduct from work colleagues because they're LGBT



of LGBT staff have hidden that they are LGBT at work for fear of discrimination



of LGBT people who were looking for work said they were discriminated against because of their identity while trying to get a job



of trans people have been physically attacked by customers or colleagues in the last year

## INTERNATIONAL

Taken from: [www.stonewall.org.uk/our-work/campaigns/campaigning-global-lgbt-equality-and-ilga.org/](http://www.stonewall.org.uk/our-work/campaigns/campaigning-global-lgbt-equality-and-ilga.org/)



A quarter of the world's population believes that being LGBT should be a crime

Between **2008** and **2014** there were **1,612 trans people** murdered across **62 countries** - equivalent to a killing every two days



Most governments deny trans people the right to legally change their name and gender from those that were assigned to them at birth

**8**

The **death penalty** is either 'allowed', or evidence of its existence occurs, in **8** countries

In more than half of the world, LGBT people may not be protected from discrimination by workplace law

## INDIA

Taken from: [Ipsos LGBT+ Pride 2021 Global Survey](http://Ipsos LGBT+ Pride 2021 Global Survey)

**17%**

homosexual (including gay and lesbian)

**21%**

bisexual

**10%**

transgender

**12%**

non-binary, non-conforming or gender-fluid

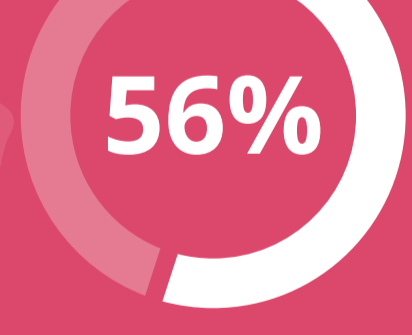
have a relative, friend or work colleague who is



support more LGBT characters on TV, in films and in advertising

**59%**

support LGBT people being open about their sexual orientation or gender identity with everyone



support openly lesbian, gay and bisexual athletes in sports teams

**39%**

support LGBT people displaying affection in public (e.g., kissing or holding hands)



**14%**

were in support of allowing some kind of legal recognition for same-sex couples

**44%**

of people were in favour of legalising same-sex marriage

## BE AN ALLY TO THE LGBTQ+ COMMUNITY

What do we mean by LGBTQ+?

LGBTQ+ is an umbrella term that includes lesbian, gay, bisexual, transgender, questioning, queer and Two-Spirit, as well as many other gender and sexual minorities. You don't have to fully understand all the terms, but as an ally, be respectful and open to learning. Get started by reviewing some common terms: