



As part of Carers Week, a week dedicated to understanding the challenges faced by unpaid carers and the contributions they make to families and communities across the UK, we've created this infographic to celebrate all that carers do.

Up to **13.6 million** people could be providing unpaid care in the UK today



up from 1 in 6

65%

of the public think unpaid carers are undervalued

75%

of the public think the government should increase support for carers

The top worry for older unpaid carers was: stress and negative impact on physical and mental health

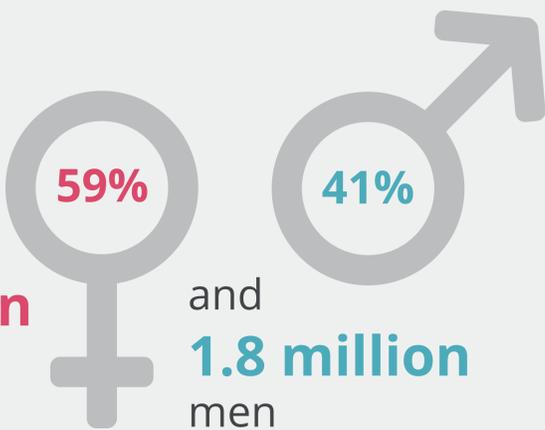
Carers save the economy
£132 billion
per year, an average of
£19,336



Stress

Health

2.7 million
women



and
1.8 million
men

have started caring for relatives who are older, disabled or living with a physical or mental illness

There are an additional
4.5 million

unpaid carers in the UK since the coronavirus outbreak

62%

of new carers are more likely to be younger and working

48%

of people without caring responsibilities are more aware of the role of unpaid carers

2.8 million

more workers are juggling work and unpaid care since the coronavirus outbreak

69% of the public do not think that the government has provided enough support since the coronavirus outbreak